



Hello, and welcome to our Messy Church this week!

This week we have some great food and craft ideas, as well as a Psalm that we are going to be looking at. Lots of ideas and thinking to help us all - whatever age we are.

We do hope you enjoy the video, and below are links and resources to help you enjoy it even more..... !

1. Sausage Rolls

You will need:

225g/8oz sausage meat or sausages with the skins removed

1x 320g packet ready rolled puff pastry

1 egg, beaten

Plain flour

(You could add grated cheese or herbs or some seasoning to the meat mixture if you prefer)

What to do:

1. Heat your oven to 200C/180C Fan/Gas 6 and line or grease a baking tray.
2. Roll out the pastry on to a well-floured work surface. Brush the pastry with beaten egg, then cut it into 3 strips widthways.
3. Divide your sausage meat into 3 parts and roll each third into a long sausage nearly as long as the pastry strips.

4. Roll the pastry round each sausage brushing more egg onto the inside of the fold.
5. Turn the rolls so that the join is underneath and cut each into 3 or 4 pieces. Make 3 diagonal knife cuts along each roll.
6. Carefully lift them onto the baking tray and brush the outside with the rest of the egg.
7. Cook in the oven for about 20 minutes until golden brown.

8. Enjoy!

2. YouTube video

Here is a link to another retelling of Psalm 23

Here is a lovely video for adults

https://youtu.be/6qD_BehgFJK

Here is a video for children & families

<https://www.youtube.com/watch?v=EuGF+AIRaWg>

Please get in touch with us if we can be of any more help to you.

Andy

Andy Saunders

Children's & Family Minister