



## **Hello, and welcome to our Harvest Messy Church!**

We do hope you enjoy the video, and below are links and resources to help you enjoy it even more..... !

Please also look at the '**Light Live**' event we are running on the 30<sup>th</sup> October @4.00pm on Facebook Live.

### **1. Making Bread**

You can make bread from flour, salt, water and baking powder but it isn't too nice. This recipe we have tried already at Messy Church and it works well and is much quicker than using yeast.

Soda bread recipe

You will need:

75g plain flour

100g wholemeal flour

25g oats

1 ½ teaspoons caster sugar

½ tsp salt

½ tsp bicarbonate of soda

6 fl oz/175ml natural yogurt (If you use Greek yogurt you may need to add a little milk)

1. Preheat the oven to 220C.
2. Stir all the ingredients together in a bowl and mix together to a soft dough.
3. Tip the dough onto a floured work surface and knead for a few minutes until smooth.
4. Shape into a round loaf and put on a lined baking tray. Flatten slightly and mark a deep X on the top using a knife. Make sure to cut almost all the way to the bottom of the dough, so that the middle of the bread cooks all the way through.
5. Bake in the oven for 20-25 minutes.

## 2. YouTube video

Here is a link to another retelling of the story..

<https://www.youtube.com/watch?v=gR2sZRAVcwc>

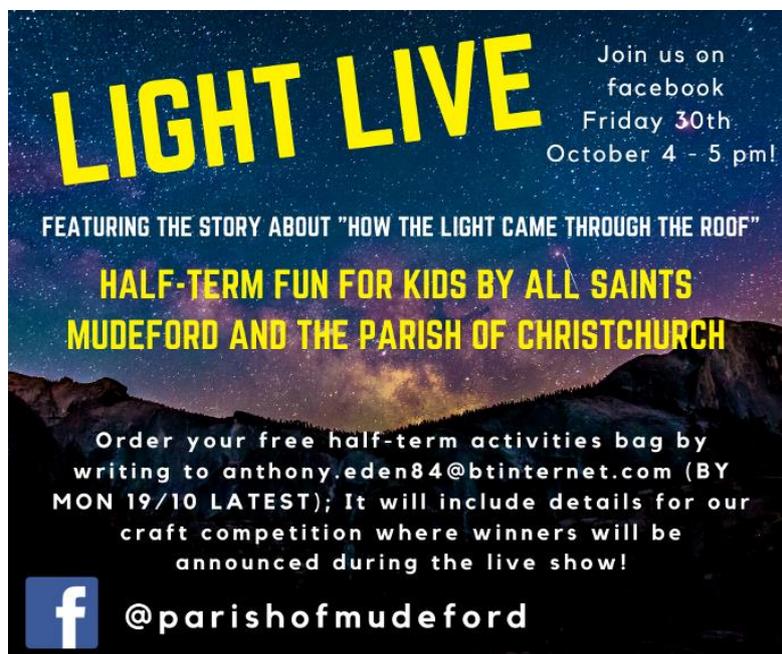
We are also pleased to announce our .....

### 'Light Live' Event

We are excited to share with that on Friday 30th October we shall be joining with Heidi from the Parish of Christchurch to have an exciting hour-long show for you to watch as we celebrate 'Light', and the light of Jesus coming in to the world. Join us on our Facebook page for the live show, and the link is on the flyer

We would love you to book it in the diary can join us on the day, and please order the 'Goodie Bag' from us as soon as possible. Please give us your name(s), and an address and contact number and email please? This information means we can make sure we get the bag to you on time.

**Please order 'goodie bag' by emailing Judy back, thank you .(see flyer for email address)**



Please get in touch with us if we can be of any more help to you.

Andy

Andy Saunders, Children's & Family Minister