



PEACE

Hello, and good to be able to send you this week's Messy Church!

As its the 75th VE Remembrance we trust these resources on the theme of Peace, and how Jesus offers that to us all will be a help to you in watching Messy Church. Even though we cannot physically meet at this time, if you do need to make contact with us please feel free to do that my mobile is 07734 941580

Andy Saunders

Children's & Family Minister

1.Wartime carrot cake

During the Second World War, when sugar was rationed to 8oz (230g) per week, carrots were used to sweeten cakes and biscuits. The wartime allowance of eggs was 1 per week per adult and 2 per week for children under 5. Butter allowance was 2oz (57g) per week and margarine 4oz (115g). This recipe is very economical but it is tasty!

You will need:

230g self raising flour

85g margarine or cooking fat

85g sugar

115 finely grated carrot

55 sultanas

A little milk

1 egg (or 1 reconstituted dried egg!)

What to do:

1. Preheat the oven to 220C/gas mark 7.
2. Sift the flour into a mixing bowl.
3. Rub in the margarine or cooking fat.
4. Add the sugar, carrot, sultanas and egg. Mix well and then add enough milk to make it sticky.
5. Pour the mixture into a baking tin and cook for 40-45 minutes or until golden in colour.



2. Coloured Dove Picture

Adjust the picture to the size you want and then cut it out as a template to get your outline to colour and design.



3. Origami

This is a YouTube video for making a dove with wings (the children will need an adult to make the little cut for the wings to fit in to). Enjoy !

<https://m.youtube.com/watch?v=pEXWFOA5Kdw>



4. A link to today's story in cartoon animated version

<https://www.youtube.com/watch?v=7NMHOLPWeTM>

5. British Legion link

<https://www.britishlegion.org.uk/get-involved/remembrance/remembrance-events/ve-day-75>