

Suggested Activities for Messy Church; The road to Emmaus

1. Cooking - Making bread
2. Easy playdough
3. Making flip-flops
4. On the road to Emmaus craft

<https://craftingthewordofgod.com/2014/03/01/road-to-emmaus/>

5. Walking with Jesus Activity

6. Colouring page

<https://craftingthewordofgod.files.wordpress.com/2014/03/road-to-emmaus-coloring-page.pdf>

7. Wordsearch

https://sermons4kids.com/road_to_emmaus_wordsearch.htm

8. Lego Easter Story

<https://www.youtube.com/watch?v=-M8Yesnt1V8>

9. Animated Easter story

<https://www.youtube.com/watch?v=Y3UKd6LQKng>

Making bread

You can make bread from flour, salt, water and baking powder but it isn't too nice. This recipe we have tried already at Messy Church and it works well and is much quicker than using yeast.

Soda bread recipe

You will need:

75g plain flour

100g wholemeal flour

25g oats

1 $\frac{1}{2}$ teaspoons caster sugar

$\frac{1}{2}$ tsp salt

$\frac{1}{2}$ tsp bicarbonate of soda

6 fl oz/175ml natural yogurt (If you use Greek yogurt you may need to add a little milk)

1. Preheat the oven to 220C.
2. Stir all the ingredients together in a bowl and mix together to a soft dough.
3. Tip the dough onto a floured work surface and knead for a few minutes until smooth.
4. Shape into a round loaf and put on a lined baking tray. Flatten slightly and mark a deep X on the top using a knife.. Make sure to cut almost all the way to the bottom of the dough, so that the middle of the bread cooks all the way through.
5. Bake in the oven for 20-25 minutes.



Easy playdough

You will need:

1 cup of water

1 tablespoon of cooking oil

2 teaspoons of cream of tartar

Half a cup of salt

Food colouring (optional)

Place all the ingredients in a saucepan at a low heat.

Stir continuously until the mixture thickens to a firm dough texture.

Kept in a plastic bag in the fridge this playdough will keep for weeks.

Flip flop craft

You will need:

- Cardboard (from a cereal box or Easter egg box!) or foam
- Ribbon or string or wool or pipecleaner (something to make the strap)
- A holepunch
- Things to decorate - foil, stickers, beads, felt tip pens and whatever else you want.

How to do it:

1. Draw the shape of a flip flop - you can draw around your own foot!
2. Cut out the shape



3. Make three holes. The first one needs to go between the big toe and the next toe. The other two holes are halfway down the flipflop at the sides.
4. Thread your ribbon/string etc through a side hole, then the big toe hole, then up again and through the other side hole - this makes your strap.



5. Decorate!



On the Road to Emmaus

<https://craftingthewordofgod.files.wordpress.com/2014/03/road-to-emmaus.pdf>

Print the pdf onto card if you can, but paper is fine. If you have trouble printing the pdf then print the picture on the second page of the word document.

Cut along the straight line to make a slit.

Colour the people and the scene, then cut them out

Paste the people onto a lolly stick, a piece of cardboard or anything you have! I taped it onto a straw

Push that through the slot so that the people walk to Emmaus.





Walking with Jesus activity

1. Trace around your foot (or the foot of one of the members of your family) then cut it out.



2. Decorate your foot with different things that remind you of Jesus and his love for you and reappearing



3. Place the foot somewhere to remind you of the story of the 'Walk to Emmaus' and Jesus having risen and was alive.

THE ROAD TO EMMAUS

Our poem reminds us of what happened on Easter Sunday . Two of Jesus' friends were travelling to a small town called Emmaus. Jesus their leader was dead; they were heartbroken.

To Emmaus two friends gloomily walked,
They were desperately sad, and seldom talked.
Their hearts were heavy, Jesus had gone,
They trudged along, in the midday sun.

From out of a side road, stepped a bearded man,
"I'll walk with you if I possibly can."
"You're welcome," they said, and shook his hand,
"But the path is steep, it's covered in sand."

"Why are you sad?" said the man with a frown,
"I'm a stranger here, I'm new to this town."
"The Romans have killed our very best friend,
He really came to a sticky end."

They began to "chill out" and got on just great,
Come and eat with us, it's getting quite late.
"That's really kind," the stranger said,
"I need a meal and a nice warm bed."

They all sat down with a large chunk of bread,
The stranger whispered - "You're friends not dead.
I'm here with you now, look into my eyes,
It's the truth I speak, I tell you no lies."



As soon as he spoke, the stranger was gone,
Standing before them was God's only Son.
"Go into the world, and tell all I'm here,
The people on earth need have no fear."

Road to Emmaus colouring sheet

